



XXXIII/ 03

01 August 2025

My dearest Sisters, Prayerful and affectionate Greetings from the Provincial House Bangalore!

As we step into the month of August, our hearts are filled with gratitude for the journey we share and the mission that unites us. This month brings with it not only the memory of our Institute's birth—a time rich in grace and inspiration—but also moments of profound joy and thanksgiving for the gift of vocation lived with fidelity.

In a very special way, we raise our hearts in gratitude for our beloved Mother General, Sr. Chiara Cazzuola, as she celebrates the golden jubilee of her religious profession. Her fifty years of faithful service, lived in simplicity, dedication, and joy, are a testimony of God's unwavering love and a beacon of hope for each of us. We thank the Lord for the quiet strength with which she continues to guide our Institute and for the witness of her daily "yes" to God.

We also join in congratulating her on the recent appointment by Pope Leo XIV as a member of the Dicastery for Institutes of Consecrated Life and Societies of Apostolic Life. This recognition is not only a great honour for her personally but

also a sign of trust in the charism we carry as Daughters of Mary Help of Christians. May her presence in this mission bring the light of our Founders' vision and the joy of consecrated life to the wider Church! Let us continue to walk together in the spirit of family, with eyes fixed on Christ and hearts open to His call.



153 Anniversary of the Institute

As we mark the anniversary of our foundation, we gratefully recall the pioneering faith of our Co-Foundress, St. Mary Mazzarello, and the first sisters of Mornese who responded with generous hearts to God's call. We remember too the six courageous missionaries who arrived in India in 1922, sowing seeds of faith that have since blossomed into seven vibrant provinces. Their legacy continues to inspire our commitment and fuel our zeal for the mission.

This year's anniversary invites us not only to look back with reverence and gratitude but also to look ahead with hope and responsibility. As our beloved Mother General shares in her recent circular, "The

reflections shared during the plenary session offered us an in-depth look at the journey of the Provinces and Preprovinces. In the light of the canonical and animation visits of the triennial verifications carried out so far, we can affirm that the broad lines outlined by General Chapter XXIV are giving a transformational and generative impulse for new life. These orientations are being concretised above all in the paths of formation, in the growth of synodality, and in missionary openness. A gradual change of mentality is emerging, albeit at different paces. On the one hand, this makes it possible to recognise the significant steps already taken in each community; on the other hand, it keeps alive the awareness of the distance that still separates us from the goal.”

These words offer us both encouragement and a gentle challenge: to continue walking together in fidelity to our charism, allowing ourselves to be renewed from within. As we celebrate this foundation day, let us ask for the grace to become more synodal, more open to mission, and more deeply rooted in formation—ever attentive to the needs of the young and of the Church.

In a world marked by uncertainty and suffering, Mary remains our refuge and guide. Like Don Bosco, who entrusted everything to Mary Help of Christians, we too are called to place our hopes, struggles, and dreams in her hands. Her presence gives us courage, her intercession brings us peace, and her example inspires us to be women of faith, hope, and love.

Let us walk forward with confidence, as Daughters of a living and dynamic tradition. With Mary by our side, we can face every challenge and help bring about a future full of life for the glory of God.

MARY'S ASSUMPTION & INDEPENDENCE DAY OF INDIA

On August 15th, we once again celebrate *the glorious Assumption of the Blessed Virgin Mary*, a feast that fills us with hope and invites us to lift our gaze to what truly endures. In Mary, assumed body and soul into heaven, we see the destiny that awaits all those who live in faithfulness to God's will. She is not only the Mother of Jesus but also the first disciple, the first to fully embrace the path of humble service and loving surrender. Her Assumption is a sign that our earthly journey, when lived in communion with God, is not in vain—it leads to glory.

This feast reminds us that *heaven is not just our final destination—it is a way of living now*, with hearts anchored in God, values rooted in the Gospel, and eyes open to the needs of the world. Mary's journey was not without trials, yet she

remained steadfast, obedient, and joyful. Her life was entirely an “yes” to God—and this “yes” transformed the world.

In the Indian context, August 15 also resonates as *a day of national pride*, commemorating the country's hard-won independence. As we honour the sacrifices of those who dreamed of a free and just India, we are called to examine how we use the freedom we have received. As consecrated women, our witness should be one of *interior freedom*—the kind that comes from detachment, discernment, and loving service. Just as Mary used her freedom to magnify the Lord, we are invited to use ours to build peace, dignity, and hope in the lives of the young and the vulnerable.

This spiritual and the national convergence on August 15 invite us to reflect deeply:

What kind of freedom am I living today? How do I, like Mary, carry Christ into the world through my words, gestures, and presence?



Let us look to Mary as a model of courageous faith and fruitful obedience. In a world often caught between noise and distraction, she calls us to be women of quiet strength and deep presence. May her Assumption rekindle in us the hope of heaven and the responsibility of mission on earth!

As we mark this significant day, let us gather in prayer—thanking God for the gift of our freedom, both spiritual and national. Let us entrust our country and its leaders to the loving care of Mary, Queen and Mother, asking that they be guided by wisdom, justice, and a heart for the poor. May our own lives be a hymn of praise, like Mary’s Magnificat, resounding in every corner of the society where love and service are needed most!

ST. MARIA TRONCATTI

“A GLANCE AT THE CRUCIFIX GIVES ME THE STRENGTH AND THE COURAGE TO WORK.” From the Pearls of St. Maria Troncatti -

As we approach the canonisation of St. Maria Troncatti, our hearts are brimmed with joy and profound gratitude. She is now officially recognised by the Church not only as a missionary and healer but as a saint—a living witness of the Gospel in action.

Maria Troncatti was not in the lime light in her lifetime. She did not seek recognition or applause. Yet, her life quietly echoed the Beatitudes: poor in spirit, merciful, a peacemaker. Her sainthood is not based on grandiose miracles or dramatic gestures, but on her daily, hidden and heroic fidelity to God and the people entrusted to her.



Sent to the heart of the Ecuadorian Amazon, she became one with the Shuar people—not merely to serve them, but to live among them, listening, learning, and loving without conditions. In her, we see a woman who fully embraced the Salesian missionary spirit: strong and gentle, prayerful and practical, radically available to the demands of the Gospel.

What made her service fruitful was not only her skill as a nurse or the sacrifices she endured—it was her ability to build bridges, to heal wounds not just of the body but of hearts and cultures. She was a woman of reconciliation in a time and place often marked by tension, suspicion, and conflict. With humility and deep interiority, she lived her consecration as a space of encounter—between the Gospel and indigenous cultures, between suffering and hope.

St. Maria Troncatti shows us that mission is not something we *do “for”* others; it is something we *become “with” others*. Her sanctity was incarnated in the dusty trails of the forest, in makeshift clinics, in whispered prayers, and in the silent offering of her life. Her martyrdom was not in blood but in self-giving love—each day poured out for others until the very end.

As we prepare to celebrate her canonisation, let us take this time to allow her life to question us, shape us, and lead us back to the heart of the Gospel. May she intercede for us, that we too may become artisans of peace, women of hope, and missionaries of joy—wherever we are!



02	BL. AUGUSTUS CZARTORYSKI SDB
04	ST. JOHN M. VIANNEY
05	153 rd YEAR OF FOUNDATION DAY & OUR LADY OF SNOWS
06	TRANSFIGURATION OF THE LORD
15	MARY'S ASSUMPTION & INDEPENDENCE DAY OF INDIA
16	BIRTHDAY OF JOHNNY BOSCO
22	QUEENSHIP OF MARY
24	ST. BARTHOLOMEW
25	ST. MARIA TRONCATI
26	BL. ZEPHYRINO NAMUNCURA
29	BEHEADING OF ST JOHN THE BAPTIST
30	ST. EUPHRASIA ELUVATHINGAL



CONGRATULATIONS TO DIAMOND & GOLDEN JUBILARIANS

On August 3, 2025, our hearts will rejoice as we celebrate a momentous occasion—the Diamond Jubilee of Sr. Ruby Korah, and the Golden Jubilee of our beloved Sisters Benny Chalaveetil, Clara Rayalu, Mercy Thomas, and Philomena Fernandez. This sacred milestone is a time of deep grace and gratitude, as we honour their unwavering commitment and faithful service. With profound admiration, we recognize their steadfast fidelity, generous hearts, and selfless care for the poor, the young, and the marginalised. We lift our hearts in praise and thanksgiving to the Lord for the gift of their lives and vocations. With sincere appreciation, we congratulate these radiant gems of our Province and offer fervent prayers for their continued health, joy, and holiness. May they be blessed for many more years to come!

HEARTY WELCOME

We joyfully extend a warm welcome to Sr. Santa Sangma from the INS Province who will make her First Profession on 5th August at Shillong, and has opted to join our Bangalore Province. She will be arriving at the Provincial House on August 11, 2025. We are grateful for her presence among us and pray that her time here will be richly blessed. May she find joy, fulfillment, and a deep sense of communion as she shares life and mission with us. Let us warmly receive her and journey together in faith and sisterhood.

INTENSIVE JUNIORATE

On August 8, our temporarily professed Sisters, Sr. Namsila D Sangma and Sr. Haseena Kallukola, will begin the next stage of their formation as they set out for the Auxilium Provincial House in Guwahati.

There, they will participate in the intensive Juniorate program, which officially commences on August 13. We accompany them with our heartfelt prayers and warm wishes for a safe journey. May this formative experience be a time of deep spiritual growth, renewal, and joyful discovery as they continue to deepen their commitment to religious life! Let us keep them close in thought and prayer as they embrace this special time of learning and transformation.

TRAINING WORKSHOP

Sr. Lissy Jose and Sr. Hunbih Dkhar will be participating in a five-day Workshop on Affective Maturity and Psychosexual Integration for those in formation. This Training Workshop is organized by the South Asian Formation Commission of the Salesians from 7th to 11th August 2025 at Don Bosco Provincial House, Chennai. We wish them a profitable time of the workshop.

NATIONAL CONVENTION

Sr. Ancy Mathew and Sr. Sumi Joseph will be participating in the Nation Convention organized by Salesian Forum “Don Bosco for Migrants” at Don Bosco Provincial House Hyderabad 16 – 17, August, 2025. Let this be a fruitful time as they look at the Migrant reality in our Indian context today.

BUON VIAGGIO

We wish a safe journey and enriching experience to Sr. Molly Joseph, who will take her flight to Rome on 18th August and join St. Mary Mazzarello Community at Rome to pursue the Course on Formation. It is a blessing to be at the Centre during this Jubilee Year at this imminent time of the Canonization of Blessed Maria Troncatti, the second Daughter of Mary Help of Christians to be raised to Sainthood.

REMEMBRANCE IN PRAYER

- Let us remember to pray for our sick Sisters, parents and relatives.
- Let us pray fervently that our Country respect the freedom of the Christian minority.

SINCERE CONDOLENCES & ASSURANCE OF PRAYERS

- ✚ To Sr. Jayanthi Boyapati at the loss of her maternal aunt Mrs. Jacinta Thumma on July 06, 2025.
- ✚ To Sr. Maria George at the sudden passing away of her cousin brother Mr. Jimmy George (48) on July 07, 2025.
- ✚ To the Provincial and confreres of INK Province at the demise of Rev. Fr. George Puthussery SDB (91) on July 07, 2025.
- ✚ To Sr. Hunbih Mary Dkhar at the passing away of her cousin sister Ms. Mary Dkhar, on June 11, 2025.
- ✚ To Sr. Mary Mathew Palakkal at the demise of her beloved Mother, Mrs. Lilly Mathew (99), on July 14, 2025.
- ✚ To Sr. Dayana Rodriguez at the demise of her paternal aunt Mrs. Bestin Nicklanu Rodriguez (81) on July 14, 2025.
- ✚ To Sr. Anusha Nandru at the loss of her maternal grandmother Mrs. Eshwaramma (80) on July 18, 2025.
- ✚ To Sr. Crocetta Thomas at the passing away of Mr. Babu her cousin brother on July 29, 2025.

CONCLUSION

Before concluding this circular, I warmly invite each of you to read and reflect prayerfully on the most recent circular of our beloved Mother General, Sr. Chiara Cazzuola. Her words, filled with spiritual depth and pastoral clarity, are a precious light for us as we continue our journey in this triennium of preparation for the 150th anniversary of the first missionary departure of the Daughters of Mary Help of Christians.

Mother Chiara draws our attention to two great events that mark this time with grace and significance: the upcoming Canonisation of Sister Maria Troncatti, on 19 October 2025, and the recent conclusion of the Diocesan Inquiry on the life of the Servant of God Mother Rosetta Marchese. These are not simply celebratory milestones but strong calls to return to the missionary roots and the spiritual depth of our vocation.

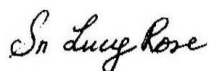
St. Maria Troncatti's life urges us to rekindle our missionary passion—to go out, in simplicity and love, to the geographical and existential peripheries, carrying the light of the Gospel as women of peace, reconciliation, and concrete service. Likewise, Mother Rosetta Marchese's witnessing life invites us to deepen the contemplative dimension of our consecration—to live each day as a “Eucharistic woman,” in constant communion with Christ, so that His presence may shine through our words, actions, and attitudes.

In the light of these two powerful figures, our Mother General encourages us to rediscover with freshness and courage our identity as a Church that goes forth, as consecrated women called to generate life and hope wherever we are sent.

Let us take to heart this invitation, allowing her words to inspire concrete choices and renewed missionary zeal in daily life. May we walk forward in communion, sustained by the witness of our saints and animated by the Spirit, so that our lives may continue to reflect the vitality of our charism in the Church and in the world!

Good wishes and prayerful greetings to all in the Family.

Affectionately,

A handwritten signature in cursive script that reads "Sr. Lucy Rose".

Sr. Lucy Rose Ozhukayil

Provincial