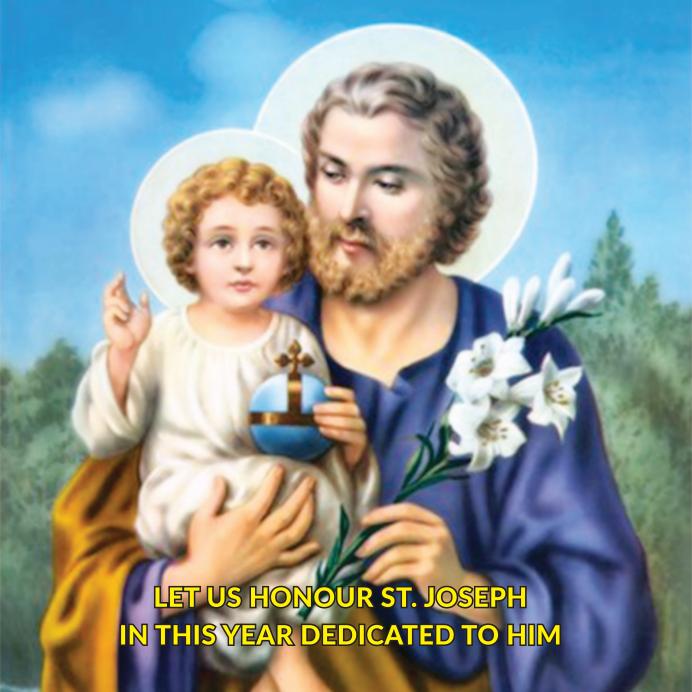


YEAR 28 / ISSUE NO.2

SEPTEMBER- DECEMBER 2020

## INK CHIP

NEWS & VIEWS FROM THE PROVINCE OF BANGALORE



## DR. ROSILY THEKKENATH FOR THE GREAT ACHIEVMENT



SR. ROSILY THEKKENATH FMA

## HEARTY CONGRATULATIONS TO DR. MARGARET MATHAI FOR THE GREAT ACHIVEMENT:

PH.D IN ENGLISH LITERATURE FROM THE DEPARTMENT OF ENGLISH, MAHARAJ VINAYAK GLOBAL UNIVERSITY, JAIPUR.



SR. MARGARET MATHAI FMA



We are at the close of a year of anxiety, fear, and chaos and mixed feelings of all sorts amidst the time spent with the Pandemic with all its negative and positive happenings. Though the world view it negatively, we with the eye of faith look at it as time given to us to look into our lives, at our relationships with God and fellow human beings and all of us who are still alive as time given to us as bonus and chance to rectify ourselves in our relationships with God and others. Most of us can say that this time was one in which we made efforts to go closer to God as Divine providence gifted us with opportunities and the awareness of the shortness of life.

God coming down to manifest His Fatherhood through the brotherhood of Jesus His beloved Son amidst us is what we celebrate at Christmas. God so loved the World that He sent His son to save us and re-establish our rapport from human brokenness. Today the brokenness is felt once again in a gigantic manner by us humans. This present shattered situation can be stabilized only by the mighty hand of the loving God. Let us turn to God once again at the commencement of another year with great hope and trust in His fatherly goodness and at the same time with a heart of compunction and a will to turn away from evil. Let us invoke God's mercy on behalf of all the people all over the world. May our Blessed Mother and St. Joseph intercede for us to the Holy Trinity. May St. Joseph, the patron of the year 2021 help us to deepen our interiority.

May God in His goodness bestow upon us a new year of health, peace, joy and holiness which He alone can bestow up on us.

## WISH YOU ALL A VERY HAPPY NEW YEAR 2021 OF HEALTH, PEACE AND JOY AND HOLINESS



#### **PALLURUTHY**

## Family celebration in honour of Dear Sr. Rosily Thekkenath on the achievement of the doctorate



Hearty Congratulations to you dear Sr. Rosily, we are proud of you.

## The power of the word of God in our daily life

"For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart". (Heb- 4: 12.)

Indu R.K. a Hindu lady staying near the convent in Palluruthy kept on pleading with Sr. Valsa George for a job in Prathiyasha Bhavan for the livelihood of her family. In the year 2019, her husband committed suicide. She is left alone with her aged mother and two girl children aged 10 and 12. They have no house of their own. Indu collects the cable fee of the locality going from house to house. This gives her an income of Rs. 6,000/- per month. This is the only means for their living. She was not able to manage the life of her family with this meagre income so she

kept on coming to Prathiyasha Bhavan crying and narrating the tale of her poverty and struggles of life. Listening to her pain Sr. Valsa George spoke to her about the power of the Word of God to save her. She believed and Sr. Valsa asked her to write the following word of God with faith and total dependence on God.



"I cry out to God Most High, to God who will fulfil his purpose for me, He will send help from heaven to rescue me, Disregarding those who hound me (PS. 57: 2-3)"

Indu began writing the Word of God with tears and prayed day and night. When she completed writing ten times, she got a call from Cochin Corporation informing her that they are ready to give her a job as per the application she had submitted a year ago. When she completed forty times they sent her job confirmation letter, allowing her to choose the closest centre to her house, which brings her an income of Rs. 21500/- in the initial stage itself. She and her children praise God with hearts full of joy, giving testimony to the power of the Word of God, 'If you believe you will see the Glory of God'. (John.11: 40)

#### Fond memories of Sr. D'Silva Lorenza



27th August, the first death anniversary of our dear Sr. Lorenza was an unforgettable day on the annals of our community at Palluruthy. Her loving memories filled the minds of the sisters, children, Salesians at Palluruthy Don Bosco and the people of the parish community. Every one fondly remembered her loving and inspiring presence. For them her gentle presence was a forceful preaching of the Gospel of Christ without words, a powerful reminder of the Parousia.

'Call none lucky until the hour of death'. This is true of Sr. Lorenza. Her whole demeanour expressed an urgency to go home to the heavenly father. She had been preparing for it and spoke of it every now and then. She also motivated others towards this prime aim of our earthly existence. She had been alert and attentive to gather treasures of eternal value. All those who witnessed her last moments felt that by the serene and loving acceptance of the excruciating pain of her sickness she was purified and perfected to meet the Lord face to face. It seemed as though she was surrounded by the heavenly courtiers, recalled the members of the community who witnessed her last moments.

At the community gathering for the good night thought, the sisters remembered Sr. Lorenza; her advice, the unceasing prayer which permeated her whole being, the fragrance of holiness lived out in daily life, the illuminating smile, the spirit of abnegation and her heroic suffering united with cross of Christ, holding tight on the rosary breeds were all recalled by the sisters and the people who frequently visited her. During the homily Rev. Fr. P.D Thomas SDB, spoke of the prayerful support he and many other priests had in the person of Sr. Lorenza and his experience of her holiness.

#### SECUNDERABAD NAVAJEEVANA

### Birthday of Mama Mary & Girl child day

Mamma Mary's birthday was highlighted at Auxilium Navajeevana Uppal. Mary our mother the sign of purity and holiness was born to bring the human salvation into reality. She is the cause of joy and model to every young girl. Novena to Blessed virgin mother was kept up with utmost





devotion. 'Hail Mary'...... was the whisperings that heard in every corner of the house as the children of Navajeevana resolved to say it in their free time all the nine days. The feast of the Nativity of the Blessed Virgin Mary was celebrated with a solemn Eucharistic celebration. We paid homage to Blessed mother in a creative and prayerful manner. 1, 91,100 Hail Mary's were prayed by sisters and children and offered to Blessed Mother in the form of a crown during prayer service. Various activities like Marian serenade, Marian bhajans service and Marian dances were conducted during novena days and prizes were awarded to the children.

Girl child day was also the part of the celebration. Children prepared a small exhibition on the importance of girl child and various social factors responsible for the atrocities against girl children. Every girl in the community expressed her joy in sharing their experiences and good that they want to achieve to be role models to others.

#### **Onam celebration**

colourful flowerbed, lively songs, energetic dances and delicious dishes Completed it with prayers is the summary of the celebrations of Onam at Auxilium Navajeevana Uppal on 1st sep.2020.The festival of harvest and fullness filled the young hearts with joy and refreshment during this boring and hard time of Covid -19. The celebration commenced with a prayer service to thank the Lord for all the blessings and protection during this pandemic. Children enacted the legendary story of king Mahabali and his exit from this earth. The animator of the community Sr. Mary V. J explained the legend and the specialty of the feast and spoke on prosperity in life and the blessings of God. Celebration was made colourful with flower beds and decorations under the guidance of Sr. Bridget Kabilai and Sr. Balarani. Children enthusiastically participated in cultural activities to express their joy. Celebration was also made palatable with varieties of food items during community meals along with the domestic staff. Dr. Kiran a well wisher and medical guide was the chief guest for programme and he expressed great joy in celebrating Onam along with the children of Navajeevana.



#### **CHANDUR**

#### Best Teacher's award

**TRSMA** (Telangana Rashtra schools Management Association) **Best** Teacher's Award of Nalgonda District was awarded to Mrs. Itharaju Padma of Maria Niketan Elementary School on 05-10-2020 by two well-known figures Sri. Bhupal Reddy Knacharalla the MLA of Nalgonda



and Mr.Bhikshapathi DEO. The teachers were selected based on their extraordinary work and extraordinary contributions. Every year on September 5the birth anniversary of Dr. Sarvepalli Radhakrishnan is being celebrated as Teachers' Day across the country. The purpose of Awards to teachers is to celebrate the unique contribution of some of the finest teachers in the District and to honour those teachers who through their commitment and industry, not only improves the quality of school education but also enriches the lives of their students. This year Miss .Itharaju Padma has been chosen by TRSM for teachers Award 2020 due to her unassuming service in the field of Education. Miss . Padma with her persistent efforts has made subjects an internal part of students' lives so much so that they are inextricable. Her activities and potentials are carefully interpolated in her daily lessons and executed with such meticulous attention that extended positive results in her students. It is appreciable that she stretched beyond her limits. Her teaching philosophy is interring disciplinary, learner centred and problem solving that strengthens the child in connection with learning beyond the text book. She is an active and enthusiastic teacher. Happy to note that Mrs. Padma's husband Mr. Mallesh too was honoured with a similar award.

She is also true Salesian in heart with her loving Kindness and attracting many children like honey bee; with her ethics, thoughts, moral and spiritual values. She is one of the best teachers who collaborates with the management and ever ready to help children at any time.

#### Great generosity of the washer woman

Calling his disciples to him, Jesus said, "Truly I tell you, this poor widow has put more into the treasury than all the others". Mark 12-42.



Indeed it's true and it has taken place in Maria Niketan Chandur. All those who have gone through the community of Chandur will remember Bharathamma who is a washer woman in the convent for several years. She has offered

her one month salary to one of the drivers who was affected by Covid - 19 and spent Rs. 380000/- for his treatment and finding difficult to cope up economically. She felt the need to help him because of his goodness.

#### **VAZHICHAL**

#### Parents' Meet

From 14/09/2020 Auxilium School Vazhichal had Google meet for the parents from Std. X to LKG. Each day meetings were held for two classes. Almost all the parents were present for the online meet. The teachers took turn to welcome the parents. Sr. Rosa, manager of the school gave a message to the parents each day. Sr. Smitha, the principal spoke to them at length, discussed about the study of their children. All the parents were given chance to respond with ease. All of them expressed their gratitude for such an animation given to the children and the way the children are followed up. Feedback from each group was very positive. Congratulations to the principal and the teachers for their hard work and follow up. They said that the teachers are working very hard, and they are very obliging.

#### **Online competitions for Onam**

Sr. Smitha conducted various online competitions for Onam festival for the children of the school on 29/09/2020. They participated in drawing, family wise parody songs, cooking; welcoming Mavely to their home, Onam songs etc. For individual items many children did very well. For the family wise competitions few took part, One of the past pupils sponsored prizes. Families that received prizes were very happy. It was really an encouragement for all.



#### Cooperators' meet

Sr. Rosa Challamkathil who is in charge of the Salesian cooperators conducted a webinar for them on 06/09/2020. For the past 5 months due to Covid 19 pandemic there was no meeting conducted. At last she felt the need of animating them. She sent the Google link a week before, reminded continuously as they were not used with this kind of meeting. She instructed them and did the follow up. Luckily Mr. Anthuvan, the world counselor wished to join the meeting and Sr.

Rosa requested him to explain "what is 'SSCC' (De- note Salesian cooperators)". All were present for the meeting and they were very happy to see each other after a long time. Sr. Rosa the animator welcomed them all and informed them that there would be the Cooperators' meeting on every first Sunday same time and same Google link. Mr. Anthuvan explained what 'SSCC' is. It is the sense of belonging in the association. This comprise of solidarity in the association, communion and collaboration in the association and to be committedcooperators. All parted happily.

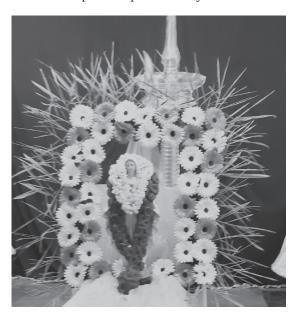
#### **ADMA** meet

On 12/09/2020 Sr. Rosa Challamkathil Conducted an online meet for ADMA group leaders who are 8 in number. The link with proper instructions was sent earlier. The topic dealt was devotion to the Holy Rosary. First of all they were very happy to meet each other after a long time. She shared some of the miracles of the Holy Rosary and encouraged them to be faithful to the family Rosary. She also said that she would be present with them for their family Rosary by each day joining one family.

#### **Conclusion of the Month of the Rosary**

31 October was a great day for us. Due to Covid 19 pandemic we were not having any animation. Yet, together with the parish priest we chalked out a programme to conclude the Month of the Rosary. The preparation went ahead for a week. Notice was printed and distributed prior to the animation by the Parish Priest. The sisters decorated the altar and a niche for Our Lady in the parish and sub-stations. The Parish priest bought a statue of our Lady and decided to give to the lucky family by lot after the Mass on 31st in the evening. The participants from each substation for the Holy Mass were also picked up by casting lot. On 31st the Holy Mass was at 6.15

a.m followed Holy Rosary prayed by the 6 BCC wards. Each ward was given turn to pray the Rosary till 9.30 a.m. Then the statue was carried by the Legion of Mary president to Chettikunnu sub-station where the statue was received by the President of the legion of Mary and Sr. Smitha. The 8th BCC ward prayed the entire Rosary till 12 noon. The same way the Statue was carried to Thulikkottukonam and received by Sr. Rosa Augustine and people. The 3rd BCC ward gathered and prayed the entire Rosary and the statue was brought the same way to Perekonam where Sr. Annie and the ward people received and continue the Rosary till 6 pm. From there the statue of Our Lady was brought to the Convent gate where Sr. Rosa the animator received it at the gate along with 4 selected family members, the choir group, the dancers and few people around 50 had candle light procession to the convent hall singing the hymns to Our Lady. Parish Priest accompanied the statue everywhere. There was a beautiful dance by 12 small children prepared by Sr. Smitha followed by an introduction to the Holy Mass. After the Holy Mass the parish priest cast lot and picked up one family who deserved



to get Our Lady. Luck came to Mr. Lukose and family of Vazhichal. He was overjoyed for getting the statue of Our Lady among all. All went away happily after having coffee and snacks provided by the sisters.

#### **Gratitude day**



On 21st November the Morning Prayer was animated in a creative way by Sr. Jaicy giving a festal mood. After the breakfast sisters presented the gifts prepared by them, consisting of various beautiful and useful things. It was a big surprise for the animator and she highly appreciated their Salesian family spirit. At 11 30 am solemn thanksgiving Mass was celebrated by our parish priest Fr. Ajesh Christudas. All our teachers and non teaching staff were invited and they

actively participated in the liturgy which was followed by the fraternal meal. They also gave a few spontaneous items which everyone enjoyed. Sr. Rosa spoke to them about the centenary year as on the next day we were entering into the 2nd year of preparation for the centenary year.

22 November – We began the day with a meaningful prayer service which was prepared and sent by Chennai province. The map of the world was placed on the altar with the word "Go and proclaim the good news "The picture of our first missionaries was placed in the chapel under the globe. Sr. Rosa Challamkathil shared on one of the great missionaries Sr. Regina Colombo though she was not among the pioneers; who was her superior when she was a postulant.

#### **PUTHUPPALLY**

## Silver Occasion and Golden Opportunities

In this scenario of Covid – 19, we were hesitating to call the youth together. But the God given occasion of the arrival of the sponsored youngsters, though rather late, created a golden opportunity to meet the youth of our neighbourhood in 2 or 3 batches. Sr. Cecily Paul and Sr. Rosy Malayatty met them, personally as well as in groups. They spoke to them on: How to utilize and channelize

their time and energy and how to be a genuine person of noble character and sentiments. They were very happy and promised to meet oftener.

On 24th October 2020 we inaugurated the first youth meet of this year and formed the link for the new group. We also have a group with our hostellers. They planned and prepared talk on `Laudato Si` with video clippings, with the theme `Save the Earth`. We also sent messages to the members those who were here and now outside.



They too prepared Songs and poems on "God's Wonderful Creation with videos.

During the month of Rosary they prepared a video on `Rosary contemplating Christ with

Mary`. These were sent to all the youth of our contact. During the Bible week they prepared another video with Bible quotations on `God`s unconditional love and was sent to all. On I st November (Birthday of Kerala) we gathered the youngsters again and conducted a meeting. This time we showed the video on `Bl. Carlo Acutis` and after that we had the discussion. They brought out very many points which will be useful for their lives. On 2nd November, one of the youth spoke on the importance of the day and prepared a video and sent to the group members. The meeting concluded with thoughts from Bl. Carlo Acutis: His love for Jesus and for our Blessed Mother`.

#### **ANGAMALY**

#### Laudato-SI

The whole world is experiencing the chaos in different ways due to Covid 19, we in our house started Laudato-si, health-care and family care. On our land we planted different kinds of vegetables, fruit trees and some medicinal plants. Due to corona and containment zone we are not able to go out but we contacted some of the non-teaching staff of the school and co-operators and encouraged them to cultivate vegetable garden and fruit garden so that they could make use for their daily needs. We are enjoying the vegetables and fruits from our garden.

#### **GOVERNORS' Conference on NEP 2020**

The Education system of India is changing to a new face with National Education Policy 2020. On 7th September 2020 there was "Governors' Conference on the role of NEP 2020 in Transforming Higher Education" organized by MHRD, Delhi. This meeting was attended by the Education Ministers' of all the states, Vice

Chancellors of State Universities and other senior officials. Sr. Mercy Abraham, Sr. Jamuna Varkey and Sr. Geny Joseph attended it online. The conference was graced by Hon'ble President of India, Shri Ram Nath Govind, Hon'ble Prime Minister Shri Narendra Modi and Hon'ble Ministers of Education Shri Ramesh Pokhriyal and Shri Sanjay Dhotree.

Addressing the Governors conference P.M. Modi expressed happiness on the acceptance NEP 2020 received from all strata of people. He said that this is not the policy of Government but the policy of the Nation.

#### ISS - FMA. ASIAN MEET

ISS – FMA Asian Networking is a novel step with the direction of Sr. Ivone Goulart Lopez FMA, in charge of higher education of our congregation. This new attempt of connecting Higher Education Institutions of the Asian countries was organized by Sr. Regina Rathnaswamy FMA of St. Thomas the Apostle province, Chennai, under the title (banner) ISS-FMA ASIAN MEET, participators being the Indian and Japanese provinces. On 11th October 2020 Sr. Mercy Abraham and Sr. Geny Joseph joined for the first meeting through Google meet platform. There were representations from four Indian Provinces, namely Chennai, Trichy, Guwahati and Bangalore together with Japan. After the formal prayer and welcome, Sr. Molly FMA the Principal of Auxilium College, Guwahati gave a message highlighting the new encyclical of Pope Francis "FratelliTutti" with the key point of fraternal relationship among the people all over the world transcending the barriers of geography, colour, race and so on. With the enthusiasm of reaching out to each other and the young even during this pandemic period. Participants were asked to give proposals for sharing the resources. It was decided to have online networking among institutions and enrich each other through various online programmes. We hope that this new step may bring much good for the development of our mission for the young.

#### Teachers' day

Our trainees lovingly remembered and honoured their Teachers by arranging online Teachers' Day Programme named "Snehapoorvam 2020". They expressed their gratitude and video fusion songs, felicitation and messages. From their homes each one made everyone happy and gave a taste of togetherness. It was a memorable and joyful day for all our teachers.

#### Teachers' day celebration in the school

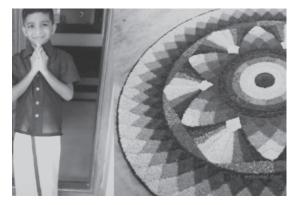
Students expressed their love and gratitude for all that they have received from management and staff. Even parents expressed their love towards us for using the innovating new technologies during this pandemic for better communication and studies.

## Workshop on Teaching Aids preparation

B.Ed curriculum provides many opportunities for trainees to be efficient in their teaching career. As part of the curriculum a workshop on Preparation of Innovative Teaching Aids was conducted on 27/10/2020 in collaboration with Al – Azar Training College, Muvattupuzha on Google meet platform. The resource person Mr. Noufal K M, an experienced teacher, a BRC trainer and a well-known teacher in VICTOR'S channel described about various digital applications which are supportive for a teacher trainee to make their classes effective and creative. The session was well prepared as well as well presented.

#### **Onam celebration**

Everything has got its own beauty and originality. Teachers and students made the online celebration a unique one. Sr. Shiji Abraham the principal congratulated the teachers and students for their efforts to make this event a memorable one with variety entertainment programmes and connecting it with the help of media.





#### Children's day celebration

On 14th November 2020 Auxilium Angamaly School celebrated online Children's day. Even in the midst of heavy schedule teachers took initiatives to entertain the students with varieties of programmes. Sr. Shiji Abraham, the Principal of the School wished all the students and motivated them quoting the words of Pundit Jawaharlal Nehru "Time is not measured by the passing of years but by what one does, what one feels, and what one achieves." She exhorted them saying: "my dear students doesn't matter which school or college you study or the environment you are in, all you need to do is set your goal right".





#### **Christmas celebration**

On 23rd December 2020 Auxilium Angamaly had a colourful Christmas Celebration. Staff gathered in the school premises with carol singing and at the end cut the cake to express their love and togetherness even in the midst of pandemic. They prepared a video in order to present to the parents and students who are at home. Sr. Shiji Abraham the school Principal wished all of them calm, peace and serenity that Christmas brings. She concluded by saying as we enter 2021 let us live in faith and not fear. After a short celebration all of them returned home with renewed enthusiasm and vigour to welcome Baby Jesus.

#### **KHAMMAM**

#### **Month of the Holy Rosary**

"In times of darkness, holding the Rosary is like holding your Blessed Mother's hand. Pray the Rosary every day. Abandon yourself in the hands of Mary. She will take care of you"said Padre Pio.

The month of Holy Rosary is a great devotion of the Church and dear to the hearts of the people. We were wondering as to how to animate the month of Rosary, as COVID -19 Pandemic stopped our usual life and movements. We plucked up courage to animate the parishioners via Google Meet, hoping that all these village people would attend as they all have Smart phones. And so together with Salesian fathers and brothers, we tried to organize the Rosary online, but to no avail as our people were not sufficiently equipped, we were unable to get the people online. The first

two days went on with one or two being present from the village. As it was not working out well we were discouraged and gave up the Idea! As we were praying over it as to how to assist the faithful spiritually, a bright inspiration knocked our minds. It was then we decided to record the audio reflections on Mother Mary and post them in the WhatsApp group. It was indeed the Spirit of the Lord working and we believe Mother Mary was happy to see this way of honouring her. The themes covered were 7 sorrows and 7 joys of Mary, the 3 recent titles given by Holy Father Pope Francis, the 3 apparitions of Mary Mother of Unborn, Mother Mary who unties Knots, Our Lady of La Salette, also the common prayers on Mary - like Angelus, Hail Holy Queen and Hail Mary. The main target group was the youth and so we prepared this way to catechize them in church's teachings. The talks were less than 5 mts in duration. It gave us wonderful personal experience as well as spiritual favours. All responded well to all the 28 talks.

At the end of the Month of Rosary we had gone to one of our substations named Mangapuram, to join them in the Rosary Procession. The parish rich in Catholic Faith, having a vibrant youth group, well animated the Rosary with Singing and devotion. The youth were in the forefront doing everything to honour our Blessed Mother and their energy invigorated us to lead these people on the path to holiness. We are glad to say that Our Lady is holding our hands each time we hold the Rosary as Padre Pio rightly said!

#### **GAVARAVARAM**

#### **Community Day**

"Reviving the family spirit and strengthening community communion" was the theme chosen for the Community Day celebration.

Spiritual practices were given based on the theme for four weeks and prayers were offered for all those who are connected with our mission. Accordingly, the first week's practice was, 'sensitive towards others' and prayers were offered for Bishop, diocese, parish priest, deacon and parishioners. The second week's practice was, 'be positive and appreciate others'. This

week's prayers were offered for school, staff, and pupils past and present, parents and educative community members. The third week's practice was, 'speak only what unites'. This week's prayers were offered for sister's parents, relatives and benefactors. The fourth week's practice was, 'mutual accompaniment' and we prayed for community sisters and all the Daughters of Mary Help of Christians.



After month's preparation, 'Gratitude day' was celebrated on 14th October. Early morning sisters entered the chapel with lighted candles in hand. They were honoured with traditional kumkum chandanam. Sr. Leema Rose animated the Morning Prayer with the theme, "How wonderful it is, how pleasant, for God's people to live together in harmony". Morning Prayer was followed by the Holy Mass celebrated by the assistant parish priest Fr. Jacob Madhanu assisted by Deacon Praveen Francis. Introduction to the Holy

Mass highlighted the point that God who calls us to live in community entrusts us with sisters to love. Children of the parish too participated in the Holy Mass. Sr. Nirmala Kumari had taught children new hymns and they wonderfully kept up the singing. The celebrant in his homily brought



out the purpose of the celebration that is to thank God for the special call to live together in the community in spite of diversity and he exhorted the sisters to pray for the grace of interior union. Having shared a cake everyone left the campus with festal joy.

#### **ONGOLE**

#### **Fruitful Holidays**



Sr. Vijaya Gudime of our community is originally from Somireddy Pally village, belongs to Brahmamgari Mattam Parish, Kadappa- Andhra Pradesh. During this pandemic during her home holidays, she sensed that children of her village were not prepared for sacraments for years due to lack of personnel. She with the consent of her parish priest Rev.Fr.Ravi Raju gathered children from her village intensively catechized them for 12 days with her creativity. Lock down and corona virus was not a barrier, parents willingly sent them for the classes. The red letter day dawned on 16th September and it was an unforgettable event in the annals of Brahmamgari Mattam parish more over for the people of Somireddy Pally. For the whole village it was a great feast. Village heads and young people were in the forefront to assist Sr. Vijaya to Solemnize the day by cleaning church and surroundings, decorating the place, arranging meals and programmes. On the other hand children spent whole day in recollection and prayer. On the previous evening the parish priest sat to hear the confessions of the communicants and their parents. On the first communion day at 7.00pm whole village big and small, young and old gathered around the Eucharistic Lord. On that day 73 candidates received Baptism 16 children received first Holy Communion. The parish priest and villagers were very happy and profusely thanked and honoured Sr. Vijaya and Salesian sisters for this great initiative. He also said that it was the first time in his priestly ministry he baptizeda large number together like this.

And still beautiful and laudable thing is the follow up that she does. Before she could leave she divided children into groups and motivated them to be regular for Sunday Eucharist and sacraments. Every Sunday the leaders call Sr.Vijaya and give report about their group. Hats off to Sr.Vijaya and thanks to her family members in supporting her in this noble task



News & Views From The Province of Bangalore



The month of the Holy Rosary "I am the Lady of the Holy Rosary" said Mother Mary to St.Lucy. The month of October has been dedicated to Our Blessed Mother. We as her daughters kept up this month by animating the Rosary. The love for Mary made us to reach out to the families in spite of lock down. Every day we prayed Rosary in one of the families in Kolsanakota is one of the substations in our parish. We the sisters were also so much edified by their faith and devotion. Though there was lot of technical problems people were very patient and eager. After the day's work all the Catholics would gather in one of the families keeping to the norms of the lock down and inform sisters. The sisters in the community took turns to animate Rosary and gave the message based on Word of God and miracles of Our Lady through WhatsApp. This initiative has helped the families to come closer to God and Our Bl.Mother. On 31st October Sr. Bridget Kavalam, Sr. Vijaya Gudime and Sr. Thomasina Komerla went to the village for the conclusion of the month of the Rosary. People were very grateful to the sisters for the initiative that was taken.



News & Views From The Province of Bangalore

#### **BANGALORE AWC**

#### Welcome News

The welcome news is that Sr. Margrat Mathai has recently completed her Ph. D in English Literature from the Department of English, Maharaj Vinayak Global University, Jaipur. The title of her research, 'Socio-cultural Elements in the Perspective of Kamala Das and Her Struggle for the Feminine Existentialism in the Modern World' was carried out under the supervision of Dr. D.P. Mishra. This research is a summary of an exciting journey of Kamala Das, a well-known bilingual poet of Kerala known as Madavikutty. The research sheds light on countless struggles and immense hardships endured by a woman of undaunted courage, of the post-colonial English poets of India. Besides, this study critically evaluates the current status of women in India and the initiatives and projects embraced by Government and NPOs to empower women. In order to counteract the impact of patriarchy and ensure healthy ambient for our children, the author pinpoints a few suggestions that are of at most importance. They are: 1) Creating awareness



on the Sacredness of Human Being created in the image and likeness of God; 2) Introducing Positive Gender Socialization during Early School Age; 3) Education to Values and Human Rights, 4) Empowerment of Men and Women; 5) and a Paradigm shift: From Dependence to Independence and Interdependence.

#### **Gratitude – the magic for Blessings**

The community of Auxilium Welfare Centre celebrated its gratitude day on 10th October 2020 with the theme: "Gratitude- the Magic for blessings". The preparation commenced with the first week practice, where each one was asked to note down ten things in life for which we are grateful for and the four week practices helped us to become aware of the numerous blessings that we received even in the midst of this pandemic. A short video on different aspects of gratitude was prepared by teachers and was sent to the students every day. The celebration began with the vigil service where all of us expressed our



gratitude to God for all His marvelous deeds and appreciated the goodness and kindness in each one and thanked each other. The joy of togetherness was felt by everyone throughout the day. The celebration came to its culmination with the Eucharistic celebration, celebrated by Fr.Jose Churavelikudilil SDB. In the absence of the inmates of the house, the sisters and house staff entertained the community with a short cultural programme.

#### **KOTTIYAM**

#### Kerala Piravi 2020

Auxilium English Medium School celebrated Kerala Piravi on 31st October and 1st November with different programmes, which depicted love for Kerala. We were proud to celebrate this festival of ours because it is God's own country and on this day we commemorate the birth of our state. The programmes were conducted and organized by the online programme committee under the leadership of the principal Sr. Jancy Augustine. The chief guest of the function was Rev. Dr. Fr. Boby Kannnezhath. He spoke on why we have to be proud that we are born in Kerala.

And he appreciated the management for taking such initiative to keep the children active and bring up their talents through their innovative performance. There were live performances by the students and by the parents through Zoom.

On 31st October we had Quiz Competition and Kavitha Parayanam (recitation of poems) by the students through which they depicted their love and care towards our own state Kerala. All the items were connected to our own state. A good number of students participated to make this event a memorable one. On 1st November we had the Kerala Sthree and Malayalee Manka competition. This made everyone happy because there were many parents who came out with



their innate talents along with their children. They were beautiful moments to express their love for our state. The parents as well as the students efficiently presented their items. A lot of encouragement was given by the parents to their children and children to their parents. It was a memorable day in the lives of the students as well as their parents.

#### **KUNNAMAGALAM**





### Award for Topping in SOF's Olympiad Exams in 2019-20

There was National level SOF'S Olympiad Examination in which there were participants from our School too. One of our students Irma M Manju belonging to 4th STD got 7th place in national level and 1st place in Zonal level. Munisha S belonging to III STD got 105 International level and ranks 3rd in the SOF-International General

Knowledge Olympiad in Kerala Zone. Our hearty congratulations to both the little ones and may they have many more achievements in the future.

#### **NANDIGAMA**

### Through Mary to Jesus- Month of the Holy Rosary

"Rosary is a powerful weapon to put the demons to flight and to keep oneself from sin... If you desire peace in your hearts, in your homes, and in your country, assemble each evening to recite the Rosary. Let not a single day pass without praying it, no matter how burdened you may be with many cares and labours" Pope Pius XI.

We have taken up the beautiful task of going to the nearby village called Siluvagiri to animate the





Holy Rosary. The first fifteen days of the month was assigned to us to animate and to spread the devotion of the Holy Rosary. Under the guidance of Sr. Josephine our Animator we went two by two, praying the Holy Rosary along with the people, animating the mysteries in creative ways and finally preaching the Word of God. It was a wonderful experience for all of us in this challenging time of COVID-19. We could sense how the people were missing Church and its services and that

urged our spirits to go to the people and to spread the Devotion of the Holy Rosary. It was also a great opportunity for us to instil hope in people in this time of disaster, where many of them lost their jobs, no food and no money. we prayed together for the eradication of Corona. In short, we journeyed THROUGH MARY TO JESUS along with our parishioners.

#### "Blessed is she who comes in the Name of the Lord"

On 31 October, Saturday our Mother Provincial Rev. Sr. Celine Jacob, along with Vice Provincial Rev. Sr. Annie John and Provincial Secretary Rev. Sr. Shiny Karakkat were welcomed with flowers and Garlands by Sisters and Students of Maria Nivas Junior College. The visitation started with a short prayer service by our animator Rev. Sr. Josephine. Since it is the time of Corona she could not meet the students, staff and Educating community. Vice Provincial Sr. Annie John who is also in charge of Education sector went through all the records of Maria Nivas English Medium High school, Junior College and NTTC. Sr. Shiny Karakkat, the Provincial secretary went through the Archives of the House. Mother Provincial met all the sisters personally, encouraged them



#### **Journey with a Missionary Spirit**

On 18 October 2020, at Maria Nivas Convent Nandigama, marked the opening of the Bible Week from 18-25 of October 2020. It was a joyful evening, where the inauguration of the Bible Week took place through the solemn



with her wise advice. She shared the Salesian spirituality through her conferences and Good Nights. We had the Joy of presenting the review of the book THE DIAMOND YEARS in a creative way. It was presented in the form of a Gift Box. In which the content and History of our pioneers was arranged very systematically. Sr. Prameela took the initiative to explain the content of the book. One evening we along with Mother provincial took an evening walk to the nearby Muneru River. We had an enjoyable evening. The culmination of the visitation was the final suggestions given by the provincial. The visitation came to its end with vote of thanks proposed by Sr. Baby Rani. With hearts full of love and Gratitude, we bid farewell to our provincial and her team as they left on 3 November to Wyra.

Enthronement of the Bible. Sr. Josephine the animator of the community beheld the Holy Bible and others with garland, lighted candles and incense. The whole week was animated well nourishing the sisters with the word of God. Various activities were conducted such as Ouiz



on the Word of God from the Gospel of St. Luke, with different games like treasure hunt, bombed in the Biblical cities etc... A review of the book of Job was done which was the result of reading and reflection of the community. The community participated creatively and worked hard for the preparation of a 30 seconds video poster based



on the Word of God "The Lord is my shepherd". We were glad indeed to participate in all these activities, which enabled us to have great thirst and love for the Word of God. We are grateful to God for the many opportunities that He has blessed us with in order that we may get closer to Him.

#### **CHAMRAJPET**

#### **Community Day**

The community of Auxilium Navajeevana raised our hearts and minds in thanksgiving as we celebrated our community Day on 11.11.2020, with the theme 'Let us Cherish and live Holiness and Joy of the Consecrated life'. The preparations for the event began with the one month spiritual practices of:

**Week1:** Appreciate our own religious vocation and spend one hour in personal prayer in gratitude to God.

**Week 2:** Reflective reading of the call of Abraham, Moses, Virgin Mary, St. Paul, Don Bosco and Mother Mazzarello

**Week 3:** Fidelity in little things: - Writing Journal, Keeping up the commemoration days, prayer for the community every day, reading constitution



articles on community aspect., offering one mystery of the rosary for the community daily.

**Week 4:** Share in the community – "what is that you cherish in your religious life that which make you a happy FMA".

After a month of preparations with prayers, animations, surprises the sisters along with



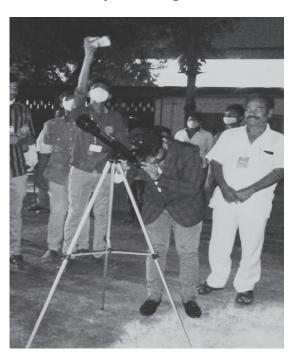
the children and staff gathered around our dear animator Sr. Anna Thayil to shout out a big THANK YOU. The community gathered around the Eucharistic Lord in adoration which reminded us of being grateful people who acknowledge and appreciate God's ways. We expressed our love for every member of our community through our prayers after which we had fun time of different games conducted for sisters. The surprise room captured the hearts of us all, sisters and children joined hands in giving our best!

We had the Holy Mass celebrated by Rev. Fr. Varghese Pallippuram Sdb; he highlighted the beauty of consecrated life, the sincere commitment to one's own call.

After a sumptuous meal the children from various centres put up a grand programme to express their gratitude. The day ended with a happy note of gratitude all over in the air.

#### YELESWARAM

#### Blue moon day – telescope view



In the evening of 31st October 2020 an hour of programme was conducted at our School Premises by one of our Past Pupils Sai Sandeep of 2016 batch in keeping to the occasion of 'Blue Moon Day' to give knowledge about Space through Telescope view of the Blue Moon. At present Sai Sandeep is the Regional Coordinator of the ARC (Astros Space Research Cube) and Vice President of "Sanganan Proyog".

The chief guests of the programme were Sri Ganesh an Astronomer and Space Science Educator, Mr. Alamanda Chalamayya the YSRP Leader, Mr. Abbai M.E.O, Sr. Padmalatha the Correspondent of the School, Mr.G.Krishna Mohan Municipal Commissioner and Mr. B. Sampath Kumar S I of Yeleswaram. The programme was inaugurated by cutting of the ribbon by Sri Ganesh the young Scientist who is

Founder and President of Sanganan Proyog and Co-Founder at ARC (Astros pace Research Cube) also worked with NASA and ISRO, delegated many programmes and activities. He had done a unique research in Ancient Indian Astronomy and about Space Civilization colonies and more passionate about Space economy and Space Business Activities.

Nearly 100 people – Parents, students and Young people took part in this programme and clarified many doubts about Astronomy and Space. Everyone felt happy and thanked Sai Sandeep for conducting such an awareness programme about Space. We the sisters of Auxilium School feel proud of our Student Sai Sandeep. We appreciated



and congratulated him for such initiative to give knowledge and awareness of Space Education in our Society.

#### **VARAKKAD**



The community studied with gusto the "Diamond years" vol.1 to mark the 98th year of the arrival of our pioneers to our mother land and our entry into the 2nd of the Triennial Year preparation for Centennial Celebrations of our presence in India and the 150th year of the foundation of our Institute with the Theme: "Accept the mandate: "I entrust them to you." Reviving the Family Spirit and strengthening Community Communion, we thank God for the wonders He has worked in our

lives as FMA India, for miracles and blessings that we have witnessed, for the innumerable graces that we were fortunate to be part of.

The study and sharing done was an eye opener for all of us as it open wide our hearts and minds to the authentic realities of the true Salesian missionary spirit of our pioneers. The study made us as individuals and community to boost our fervour, family spirit, passion for Christ and missionary spirit. It was a joy to see the two

contact period candidates who are with us joined the community in the study, prayer moments and quiz competitions. Thus the seed of Salesian spirit is communicated and lived in the community.

As we inaugurated the 2nd Year in preparation for the Centennial Celebrations of FMA India, Sr. Anita Joseph our animator lit the candle as a sign of journeying together in faith and hope in the certainty that we rekindle our missionary hearts with the same fervour and enthusiasm of the origins. We ask God's blessings that we may carry forward the rich legacy we hold, and in the words of St Paul to Timothy, may we 'Fan into Flame' the gift that God has given us.

The celebration of the centenary of the FMA Presence in India is indeed an undying, rich and

grateful tribute to our pioneers and all those who followed them over the years. It is a time to look back on the story of God's love, of narrating the story of God's whisperings in our times through these giants of Salesian spirit and charism, who blazed their way. We praise and thank the Lord for his greatness and say: All praise and glory to you Lord Jesus.

#### **Community Day**

"Gratitude is a flower that blooms in the garden of our hearts". Gratitude blossoms in a heart that is humble, powerful, appreciative, generous and kind. With profound Joy and gratitude to God we started one month intense spiritual preparation for our community day keeping in mind the theme based on GC XXIV "Weaving bonds of communion" by being attentive, sensitive and listening with the heart to one another and to the reality around us. During

the month's preparation, different days were set aside to pray for the sisters, recipients and collaborators of our mission. Our joy was double when the sisters from Angadikadavu joined to complete the community. The day's celebration began on 25th November 2020 with vigil service with a power point presentation. During the vigil service thanks and praises were raised to God for gift of each sister in the community who has been placed by God for carrying out a particular responsibility in the community and the mission. Faithful to the Salesian tradition, after dinner sisters and two candidates who are with us entertained one another with songs, dances and a



skit revolving around the theme 'Unity'. Rev. Fr. Philip Chennattu, the parish priest celebrated the Holy Mass. He highlighted the letter of St.Paul to the Ephesians "Unity is the beauty and the strength of our Christian life." In his homily he spoke about the elements that could help us in building up the community such as having faith in one another having an awareness of one's and others frailties and strength, having a disposition to forgive and having an enthusiasm to rendering selfless services in the mission. After the Holy Mass a note of Salesian joy was shared exchanging greetings at the agape.

#### **GUNTUR**

#### **Community Day celebration**

The journey began on 17.10 2020 in Synodality with each other to attain www.com worshiping community. The four weeks of preparation were focused on 1) Worshiping community, 2) Witnessing community, 3) Working community and 4)Celebrating community. The Journey forward to create an angelic atmosphere in the community geared the attention of our worship not only to prayer moments but also to make our every action focused on God. We deepened

our spirituality by reading Cronistoria, house chronicles of our Centre to know its origin, continuous reading of Word of God, sharing the tangible experience with Mother Mary in each



one's life. Throughout the whole month every day each one tried to pray as many Hail Mary's as possible and offered it to Our Mother on gratitude day for the wonders She has done in our lives, in the community and in the province.

#### KAMMANAHALLI

## Auxi-meet - online interaction with the youth

It was a wonderful evening where the FMA-INK Karnataka Youth Animators, along with Sr. Dayana Rodriguez (Councillor - Youth Pastoral), virtually met our youth from 7 units of Karnataka on 29.11.2020 at 6p.m. While the representatives from different centres contributed to the event namely: Divine moments — Maradiyur unit, Welcome Speech — FIDES unit, Vote of Thanks — AWC unit, Sr. Maria Rajeshwari FMA, (Youth Animator — Karnataka Region) presented the structure and purpose of AYM and also introduced the youth to the second year of preparation for the Centenary Year of FMA presence in India.

Sr. Dayana led the 89 participants of the event to make pledge to imbibe and live the Spirit of



AYM, thereby spreading the Salesian Charism. The youngsters who participated were very happy and were willing to have such input sessions on various topics. "We are looking forward for many more virtual meetings like this.

#### **BARNEGHATTA NIRMAL JYOTHI**

## Jesus is with us even during this pandemic



We are very much privileged to have Eucharistic celebration in our chapel during this pandemic where many do not have this grace. Since our chapel is very compact and conducive for streaming Online Mass, our parish priest made a request if we could allow this. We willingly obliged with this suggestion. Hence from April 18th onwards we had Mass both in Kannada and English, some of us participated in English while others in Kannada. Now when the lockdown is lifted and the diocese gave permission to have Mass celebrated in the parishes, slowly they made arrangements in the parish observing all the requirements to ward off Covid-19. Thus we had Online Masses from our chapel till 30th September. Even after that the Lord is gracious to us to have Eucharist celebrated in our chapel by the priests available. We deem it a singular grace that the Jesuit priests are having their Tertian ship Programme at "Prerana", Jesuit Spirituality Centre next to our campus. They come thrice a week and celebrate Eucharist for us at least till they leave in January or February 1st week. What a Spiritual wealth we enjoy! Thank you, Jesus, for your benevolence!

#### Reaching out to the poor and the needy

Sr. Diana approached the higher Officials of Tech Mahindra, since we have a tie up with them, if





there is any chance to help the poor. Apostle Andrew approached the small boy of the Gospel; Jesus multiplied the bread and the fish. Just so, Tech Mahindra agreed to help us. Procedure went on, they were ready to help 500 families with provision kits worth Rs 1047/-. Jesus multiplied for 5000; here they helped to provide for 500 families. Our Parish Priest Fr. Arun Kumar S J was involved in getting the names of deserving families from the villages belonging to our Parish. A lot of hard work was put in by the sisters and

even our workers to get them packed. On 16th September was the distribution. Police personnel also gave their assistance as there arose some unpleasant arguments from the part of a few. All our fatigue and tiredness vanished when we noticed the cheerful faces of those who carried their kits home. The satisfaction we received was much greater than the hard work we put

in. We thank Almighty God who used us as His instruments. We are grateful to Tech Mahindra also for their generosity in sharing with the needy. In December once again they helped us to reach out to the poor. May God bless their every effort to continue to extend their assistance to many more deserving people during this pandemic!

#### Day of the Poor

The day of the poor was observed on 22 November. Since it is pandemic time, we could not serve those from outside like our poor around neither could we go out to distribute something to them. Hence, we had meals together with our Support Staff showing our gratitude and solidarity with them. This was also an opportunity for our hostel girls to mingle with the poor and see how we treat our Support Staff.



#### Month of the Holy Rosary



October came in and we renewed our devotion to Our Lady under the title of Our Lady of the Rosary. Besides the chain rosary we planned and began together with the few hostel girls that we have here with us now, to continue the rosary with one of the wards of our parish which we are in charge. Every Sunday we had the rosary with them. A few of them joined. Since thev themselves suggested, we discontinued after the month of rosary, also because Masses started in the parish with all the precautionary measures. Instead we are very much delighted to notice the fervour of the families that Sr. Anna followed and prayed the rosary with each family whenever it was convenient for them. A few

of them were whom she prepared for baptism or rectification of marriages or for first communion. The month of rosary was crowned with the procession with lighted candles carrying Our Lady in our campus.

#### **BANGALOREPROVINCIAL HOUSE**



#### **Provincial Visit**

Sr. Celine Jacob, Provincial visited Sacred Heart Convent Bangalore from 24 to 28 September 2020. On her arrival she was warmly welcomed at S. H. C. by Sr. Monica, sisters and staff. The theme chosen for this great event by Sr. Celine Jacob was "Do whatever he tells you", and she drew our attention to this point, "To respond to His Glorious command of love and obedience to be happy and faithful FMA'S". From the day of arrival she met the sisters personally. After which many significant events followed. On 27 Sunday our community celebrated the day of Laudato Si which was followed by a grand lunch prepared

by our sisters with our own garden products. As mother provincial blessed the meal there was a great joy among the members of the community. We owe everything to God for his goodness towards us. She also met the members of the house council, all the support staff, junior sisters and FIDES staff. Provincial in her concluding message encouraged all the sisters to commit themselves to make the community happy and holy. Thus the provincial visit concluded with a vote of thanks from Sr. Ancy and juniors on behalf of the community. A deep sense of gratitude and joy pervaded the entire day.

#### Monthly recollection

Our community had the monthly recollection on 3rd October at SHC. All the sisters of the community participated in it .The grace filled day began at 9 AM with prayer and adoration and all the sisters spent time in reading and reflecting on the life plan which was prepared by each sister as requested by the provincial. It was really an enriching experience of coming to know and understand the beauty and challenges

of each one's life. In the evening we had the joy of attending Fr. Michel Payappally 's talk online, he spoke beautifully about how we need to be in connection with the Lord as the Wine and its branches, if we are cut off from it we can do nothing. He concluded saying:-Let us not try to make success stories but fruitful stories. We concluded the day with evening prayer all enjoyed the day with the Lord.

#### Awareness programme on reduce, reuse and recycle in kavery Nagar and Ulsoor.

CDEW organized a programme on the Three "R" s - Reduce, Reuse and Recycle for women and youth at Kaveri Nagar as part of Green Action Week (GAW) India 2020 - Sharing Community Campaign supported by CUTS International Jaipur. FIDES team organized the programme under the guidance of Sr. Agnes Fernandez, the Director of FIDES Bangalore.

As there were 59 participants, we arranged separate sessions for the youth and women. Mr. Maria Anthony Solomon was the resource person. He explained the topic in Kannada and showed short videos to make the participants understand it well.

Clear explanation was given on how to reuse a material, to reduce waste and how to recycle the materials. The participants also were taught the pipe composting method for waste management and also to produce manure.

After the session there was group discussion to plan out the cycle rally as part of GAW Campaign. Miss. Shakti was selected as overall coordinator for the programme. The representatives of women



federation and youth group leaders were actively involved in the discussion. The feasible date set of the cycle rally in Ulsoor was 31st October 2020. Sr. Ancy Mathew, Project Coordinator of CDEW Society and Sr. Venila Dominic, the Coordinator for Youth Programmes were present for the same. FIDES field supervisors Mr. Samuel, Mr. Narayanan, Mrs. Arputha Mary and Arokya Mary were also actively present in arranging the programme in their village.

### Auxilium youth (FIDES) reaches out to the migrants

FIDES youth decided to reach out to the poor children. Along with Sr. Venila, Youth came up with the idea of celebrating children's day with migrants of Ramaiya colony. Youth collected Rs. 13,000 and planned to distribute some snacks and stationary items in Ramaiya colony for around 100 children.

Sr. Vennila accompanied by three youth went to the Ramaiya colony to collect their data such as names and age. The task of the day began with a prayer and meeting the children, and giving them certain general instructions. It was followed by planning of the programme and listing of the items to be bought. According to the plan, the youth got ready the items to be distributed.

And on the following day the youth went to the migrant colony, conducted some games and Sr. Vennila gave them a short message on Good



Manners. The children enjoyed the day and at the end they distributed the gifts to every child present for the programme. All the young people were happy to share with the poor children what they could.

#### Programme on waste management

On 10th October 2020 CDEW under the leadership of Sr. Rosy Lopez organized awareness Programme on Three R's: Reduce, Reuse and Recycle for women and youth at Ulsoor as part of Green Action Week India 2020 - Sharing Community Campaign supported by CUTS International Jaipur.

As for the planning, on 12th November, 2020 as part of Green Action Week 2020 - Sharing Community Campaign, CDEW organized Pop Composting implementation Programme for 40 SHG women with the support of Auxilium Youth – FIDES (Ulsoor). The Programme started with a prayer by women volunteers of Ulsoor. Sr. Venila gave an explanations on how can women support in reducing the waste item in the families by composting and making it manure and using it for house gardening. 20 bins were distributed

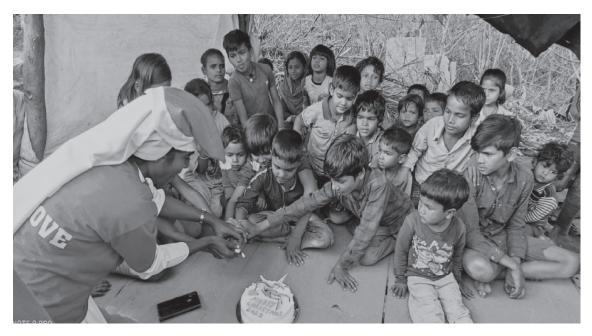


News & Views From The Province of Bangalore

to SHG women and demo was shown by the sisters and youth. It was followed by division of youth, volunteers, staff and sisters into 3 groups who went into the streets and houses of women implementing the bin composting.

It was a good experience for all the young people of Ulsoor to support in waste management and to save our Mother Earth. Youth also agreed to reduce wastage by composting it. The sisters of the community, women and the youth were happy in introducing a new method for the betterment of waste management.

#### Christmas celebration in the old age home



This year we had a different way of celebrating Christmas in FIDES. This year youth took the initiative to celebrate it at their own expense in the old age home with the senior citizens who are abandoned and are longing for love affection and care. 12 youth of FIDES with Sr. Vennila proceeded to old age home mission hospital, where 20 inmates were present. The celebration started with a prayer by Sr. Vennila and a small message by Mr. Don Bosco. Sister along with the youth sang Christmas Carols, made the inmates to cut the cake, , distributed

snacks and listened to them and had a lots of fun and laughter, Youth did not stop with old age home alone they also proceeded to migrants in Doddabanahalli colony to celebrate Christmas with the 29 migrant children along with some men and women. The celebration started with prayer by Sr. Vennila, the youth spoke to them in Hindi about the birth of Jesus and they cut the cake with Children distributed some snacks for all the participants both children and others. They made everyone happy and returned with lot of joy and satisfaction.

#### **GRATITUDE DAY**





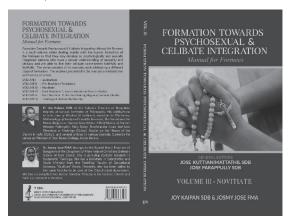
On 7th and 8th December 2020, the Provincial House community at Bangalore under the leadership of Sr. Rosy Lopez organised the Gratitude day with the Theme "Cherish a Joyful and witnessing community". The community members were all present for this Great event; our Guest of the day was our Beloved Superior Sr. Monica. The proceeding began with a brief inaugural function on the eve of 7th December in which Sr. Monica and the council members inaugurated the function by lighting the Kuthuvilakku followed by prayer.

There was an impressive and colourful surprise room which was well prepared by the sisters of our community, which was inaugurated by our animator Sr. Monica. All were taken up by the interesting items which included flower vases made of waste materials, candles of different kind, and Garden products from all three groups, snacks prepared by all the groups.

The second day celebration began with a solemn Eucharistic celebration presided over by Rev. Fr. Jose Kuttianimattathil sdb. In his sermon he spoke about the theme, that we need to become joyful witnesses and he said about the importance of the day saying it is all for valuing the presence of the other. And we had many participants including our ADMA members, Staffs, co —workers and our house staff.

After the festive mass we had a gathering, where all of us together wished our animator Sr. Monica followed by a grand lunch. Our staff also joined the celebration. In the evening we had a variety of cultural items and this added solemnity to the occasion which concluded with an expression of thanks to superior and to the community members. It was indeed a memorable event for all of us.

## Psychosexual Integration and Celibate Maturity: Handbook for Religious and Priestly Formation – Volume III- Novitiate (Fr. Joy Kaipan SDB & Sr. Josmy Jose FMA)



Today more than ever marriage and celibacy challenged. are equally Why celibacy? Why marriage? Is celibacy compatible with human intimacy and sexual fulfillment? An inappropriate answer to such questions could results in disturbed behavioural patterns and sexual misconduct. Formation **Towards Psychosexual & Celibate Integration: Manual for Formees** is a multi-volume series dealing mainly with the human formation of the formees so that they may develop as psychologically and sexually integrated persons who have a proper understanding of sexuality and celibacy and are able to live their celibate commitment faithfully and fruitfully. The series consists of six manuals, each addressing a different stage of formation. The sessions presented in the manuals are interactive and healing-oriented.

The series of manuals are originated from the publication of **Psychosexual Integration and Celibate Maturity: Handbook for Religious and Priestly Formation** in two volumes, in 2012 by the Salesian Psychological Association and South Asia Formation Commission of the Salesians. Frs. Jose Kuttianimattathil and Jose Parappully, general editors, together with a team competent in preparing chapters had a number of bookbuild meetings.

The Volume III invites all the novices and their formators to look into the various aspects of psychosexual and celibate integration in the holistic formative process. Fr. Joy Kaipan SDB and Sr. Josmy Jose FMA are the authors of the Volume III. This Volume was released on 24th December 2020, in the Sacred Heart Provincial House, Bangalore.







**GREEN ACTION WEEK 2020 - BANGALORE** 





GREEN ACTION WEEK- CYCLE RALLY
BANGALORECYCLES SPONSORED BY MIVA TO GUDUVANAHALLI CHILDREN





YOUTH CELEBRATING CHRISTMAS WITH MIGRANTS
AND OLD AGE HOME INMATES

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